



Leaders of Color Virtual Retreat

Option 1: September 19-20, 2022

Option 2: September 21-22, 2022



RENEW ourselves and each other by sharing tools and strategies for healing, resilience, and self care



RETREAT from the day-to-day pressures, build connection, and find release with one another



RECLAIM our energy and our collective power through concrete action planning and support for each other

Day One will be focused on making space to connect with, take stock of, and name the emotions we've been experiencing these last few months, and engaging in conversation with ourselves and with each other on this topic.



Day Two will focus on sharing and jointly developing tools for restoration and boundary-setting for our well-being. We will individually reflect, and engage each other in brainstorming, strategizing, practicing, and supporting each other to build our own toolkits for well-being and self-care.

Register [HERE](#) by 5pm on Friday September 9, 2022



[Click here](#) to see what previous participants say about their experience!

For questions, please contact Justin Tandingan at justin@promise54.org